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## GET STARTED TODAY!

Our team is here to support you on your journey to wellness.

### CONTACT US

To access these services, please speak with your HCRS provider, give us a call, or use the QR code below to complete our Care Coordination form.

**Phone Number: (866) 542-1380**



# CARE COORDINATION SERVICES



# WHAT IS CARE COORDINATION?

Care Coordination means people work as a team to help you get the support you need to reach your goals.

# WHO CAN ACCESS CARE COORDINATION?

Anyone! There is no commitment or requirement to become a client of HCRS in order to receive Care Coordination services.

[www.HCRS.org](http://www.HCRS.org)

## HOW CARE COORDINATION CAN HELP YOU

### Free Personalized Support

Our Care Coordinators will take the time to understand your individual needs and preferences, ensuring that your care plan reflects your goals for wellness.

**Streamlined Services** We'll help you navigate the complex health care system by supporting coordination of appointments, referrals, and communication between providers, so that you can focus on your health and wellness journey.

**Comprehensive Care** From supporting connections to therapy and medication management to social services, we offer a wide range of care options to address all aspects of your well-being.

**Advocacy and Empowerment** We believe in empowering our clients to take an active role in their care. Our Care Coordinators will advocate for your needs and provide you with the tools and resources you need to make informed decisions about your health.



## WHY CHOOSE HCRS?

- ✓ Expertise
- ✓ Collaborative approach
- ✓ Accessible services
- ✓ Compassionate care

## KEY POINTS

- Supportive, person centered care.
- Direct involvement in treatment planning.
- A great resource for self-advocacy.
- No cost to receive support.
- Direct communication and care by the right individuals.