



It's important to dispose of all unused medications properly

In order to keep family and friends—as well as our State—healthy and safe

WHY?



More than half the people who misuse prescription medication, get it from a friend or neighbor, often right out of their medicine cabinet



Flushing or tossing medications in the trash is a danger to Vermont's waterways and wildlife



Improperly stored medications can be a risk to both kids and pets

HERE'S HOW:

1st: Contact the doctor who prescribed the medication for guidance on best way to dispose of any unused medication.



LOCK

Store all medications in a locked cabinet or locked box



DROP

Drop off unused medications at your local hospital, pharmacy, or police station



MAIL

Request a pre-paid return envelope from the VT Department of Health [here](#)

For controlled meds: You will also need to complete the appropriate inventory form.

DO YOUR PART!

It's the responsible thing to do.