

HCRS



ADULT MENTAL HEALTH,
DRUG, & ALCOHOL
SERVICES

ADULT MENTAL HEALTH,
DRUG & ALCOHOL SERVICES
are available to adult residents of
Windham and Windsor counties.
Services include outpatient mental
health counseling, a comprehensive
drug and alcohol treatment program,
a 24-hour crisis services team, elder
care mental health services, peer
support services, and a residential
services continuum.



HEALTH CARE & REHABILITATION SERVICES

is a private, nonprofit community mental health
and developmental services center serving
residents of Windham and Windsor counties.

OUR MISSION is to provide creative,
collaborative, and compassionate health care
services that are responsive to the needs of
our communities.

WE ENVISION a community where
people are inspired, empowered, and
supported to lead healthy and meaningful lives.



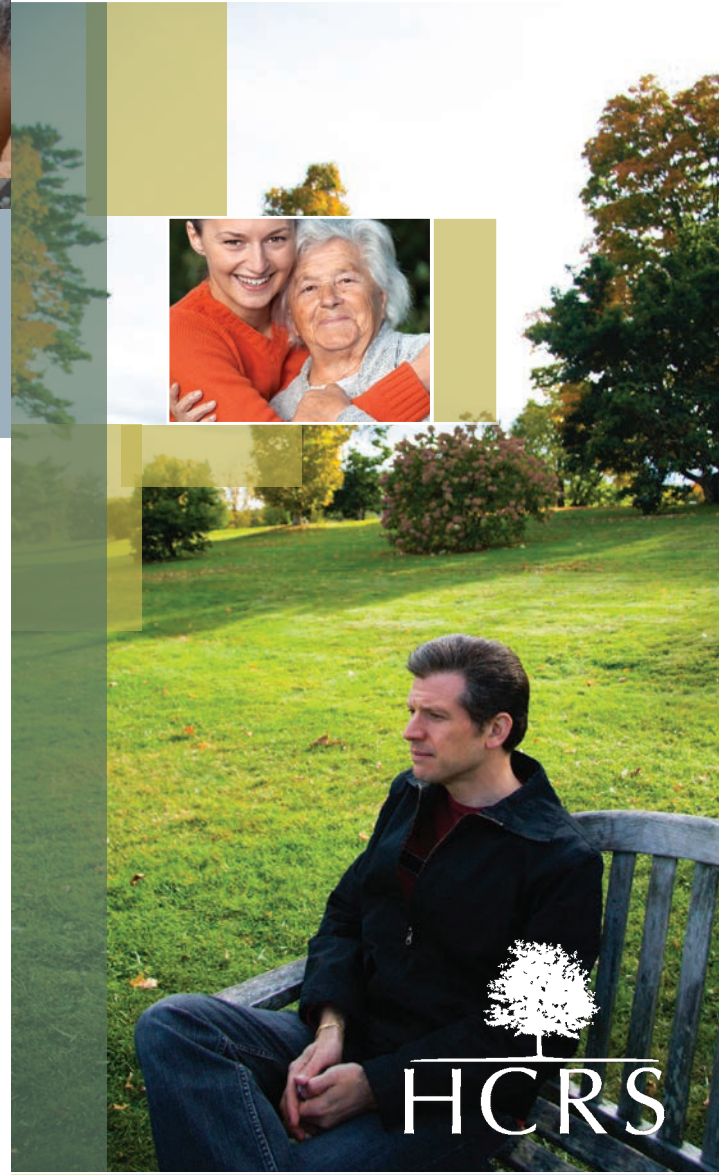
To Access Services

Springfield area: 855.220.9429

Battleboro area: 855.220.9428

Hartford area: 855.220.9430

For details on all HCRS programs, visit
www.hcrs.org



*"There is a very good team of
folks here."*

– HCRS Client

*"I like the friendliness and how
quick they respond to people's
needs."*

– Client

HCRS

HCRS' Adult Mental Health, Drug, & Alcohol Services offer integrated treatment programs designed to address the needs of people with mental health and/or substance use challenges in order that they may achieve wellness. HCRS offers a variety of creative, innovative programs in collaboration with community partners. Programs range from brief, solution-focused support for individuals with short-term needs to more intensive treatment for those with more severe needs.



ADULT MENTAL HEALTH, DRUG, & ALCOHOL SERVICES

INTEGRATING MENTAL HEALTH AND SUBSTANCE USE TREATMENT

- Treating the Whole Person -

The professional staff at HCRS offer individual and group therapy, care coordination, case management, community supports, psychiatry, peer support and advocacy, and employment services for those experiencing a wide variety of mental health and/or substance use difficulties. We work with each person to develop an individualized, holistic treatment plan based on their specific needs.

Specific programs include:

- **Open Access:** Get started in treatment the same day requested.
- **Community Rehabilitation & Treatment (CRT) Services** available for adults with acute mental health needs, designed to increase capacity to remain in the community.
- **Residential Services** are available to adults; therapeutic community residences provide a transition to independent living and a crisis stabilization program provides a short term alternative to psychiatric hospitalization.
- **Peer Support & Advocacy**, a team of advocates provide support and advocacy across Adult Services.

- **DUI Program**, a collaboration with the court in Windsor county, providing treatment for those with a substance related driving offense - serving Windsor, Windham, and Orange counties.
- **IDRP Program** offered at our Springfield and Hartford locations for those whose driving privileges have been suspended because of an alcohol or drug related offense.
- **Intensive Outpatient Program** offers a more intensive level of substance use and co-occurring services.
- **Elder Care Program**, a collaboration with Senior Solutions, offering mental health services for people age 60 and older with mental health needs.

CRISIS SERVICES

Specially trained mental health professionals are available 24/7 to respond to emergencies through the crisis hotline (800-622-4235).

- **Community Response** – 24/7 crisis response to support access to treatment and crisis planning.
- **Police Social Work Program**, a collaboration with local law enforcement to help people connect with needed services.

"HCRS is helping me to handle a wide variety of issues." – Client