

HCRS 2015 Annual Report

We **envision** a community where people are inspired, empowered, and supported to lead healthy and meaningful lives.

Our **mission** is to provide creative, collaborative, and compassionate health care services that are responsive to the needs of our communities.

Guiding Values

Teamwork • Creativity • Integrity Passion • Quality Trust • Wisdom

FROM THE CEC



In the time since I have taken this position as CEO, I have gained a greater appreciation for the extraordinary job our Agency does to improve the lives of some of the State's most vulnerable people. In addition, I have learned that the heart of

Dear Staff, Board Members, and Friends of HCRS,

what we do is a process of making human connections: connections with our clients, connections between our clients and the key people in their lives, connections with each other at HCRS, and connections with partner organizations. If I have one goal for this coming year, it is that we as individuals and as a team focus on our connections to others in order to realize the full potential for the Agency and for each and every one of us. To paraphrase Dr. Brene Brown, "Connection is the energy that exists between people when they feel seen, heard, and valued... and when they derive sustenance and strength from relationships." Those essential relationships are what unite us and allow us to connect the dots that lead us to realizing healthy and meaningful lives.

We have chosen to focus on these important connections as our highlight for this year's annual report. I hope that you will enjoy reading about the difference these connections are making every day in the lives of individuals and families in our communities. As I look towards the future, we cannot deny the reality of our financial challenges and the work required to move us towards a culture of accountability. Yet we have a solid base to build on - all of which promotes quality of care, breaks down barriers, and slowly transforms our system of care.

I continue to be inspired by those we serve and their families and with deep gratitude, thank you.

~ George Karabakakis, CEO

"We don't accomplish anything in this world alone...and whatever happens is the result of the whole tapestry of one's life and all the weavings of individual threads from one to another that create something."

~Sandra Day O'Connor

On Behalf of the Board of Directors of HCRS and our Staff,

The past year has been one of many accomplishments as well as continued challenges. We are pleased to report that our Developmental Services (DS) program has received formal designation for the next three years from the Vermont Department of Aging and Independent Living. This designation is awarded after a lengthy and comprehensive audit of the services provided by our DS program.

We have made significant progress in our Electronic Medical Records (EMR) system. This allows our senior management and program managers to monitor, in a real time basis, the effectiveness and efficiency of our day-today operations and make necessary decisions based on both quality and costs. We believe that the EMR system will have a major impact on the Agency's ability to provide quality and cost effective services.

Our finances continued to be a challenge in 2015. Health care costs are still on the rise; this, coupled with the way HCRS is funded, led to a significant financial loss for the 2015 year.

Despite the many challenges we face, HCRS is committed to continuing to provide a broad range of unfunded and underfunded services. These services include emergency respite; supportive housing; transportation; responding to community disasters and crises; consulting with community partners from early childhood programs to elder care services; educating schools and law enforcement; providing mental health first aid trainings; and countless hours collaborating with, coordinating, or leading community coalitions and partnerships. These services and coordination efforts are essential to the



well-being of our clients, their families, and our communities. We continue to focus on the quality of care of our clients while at the same time meeting the challenges of funding for the services that HCRS provides.

We thank all of our dedicated staff for their day to day delivery of the quality care and/or supports that they personally provide for our clients.

I would also like to give thanks to all our Board Members for their dedication and support, and most especially to Irene Burtis whose term expires this year. Irene has been a committed volunteer, serving on the Board for a total of 13 years.

~Harold (Red) Johnson, Board President

HCRS UTILIZES A VARIETY OF CROSS-PROGRAM APPROACHES, EACH DESIGNED TO MEET THE NEEDS OF INDIVIDUALS AND FAMILIES IN OUR COMMUNITIES:

COMMUNITY OUTREACH

Mental health, behavioral, and substance abuse issues affect all of our citizens from the youngest to the oldest. HCRS case managers, including those in Intensive Family Based Services, Adult Services, Eldercare, and Interagency Community Supports, engage clients in their homes and communities to provide creative, recovery-oriented services which may include supportive counseling, problem-solving, behavior management, or skills coaching. Community outreach staff meet people where they are, with compassion and hope, to help them effectively navigate the system of services.

CLINICAL SERVICES

HCRS offers comprehensive, integrated services for individuals who are experiencing difficulties in their lives resulting from mental health issues and/or their use of substances. Experienced, licensed clinicians provide education, assessment, psychotherapeutic outpatient counseling, intensive outpatient treatment for substance abuse issues, and referral services for adults, youth, and families. In a respectful and confidential manner, our staff seek to engage clients in setting their own treatment goals and providing the support to meet them. Staff psychiatrists and nurses provide evaluations, medication management, and consultation when appropriate. "Both my daughters have someone [at HCRS] they trust...it gives me confidence that if a serious issue arises, some professional help will be there to react and help."

- HCRS client

HELPING CHILDREN AND YOUTH

HCRS provides comprehensive support to children, youth, and families who are experiencing difficulty in their mood, behavior, family relationships, and developmental needs. Services are strength based, individualized, family centered, and connected to a community system of care. We provide services to children and families in their home, in schools, at community agencies, and within our office locations. HCRS utilizes a multi-disciplinary team including child psychiatrists, clinicians, case managers, behavioral specialists, community outreach specialists, and respite supports to help children, youth, and families cope with a multitude of challenges in order that children and youth in our communities may develop to their full potential. HCRS also offers an alternative education for students (grades 2-12) through our Kindle Farm School.

EMERGENCY RESPONSE

HCRS provides a 24-hour, rapid response crisis hotline, as well as comprehensive crisis evaluations on a 24/7 basis. We are an integral part of our communities' response to crises; we respond to four community hospitals and work closely with law enforcemement throughout the region. Additionally, we provide intensive, short-term crisis related services for adults, adolescents, children, and families. We have integrated our Police Social Work Program with law enforcement and we work closely with them throughout our region to support people to obtain the help they need. Our Crisis Care Centers shorten client wait times for crisis services and ease the burden on the local Emergency Room so people can access services more efficiently.

EMPLOYMENT SERVICES

HCRS provides employment services for individuals with serious mental illness or developmental disabilities as well as at-risk youth. Employment specialists work as part of a treatment team to assess the client's goals and interests and to help match the skills of the client with available jobs. Staff work closely with employers and community partners and provide supports at the workplace to ensure success.

RESIDENTIAL/SUPPORTIVE HOUSING

HCRS offers a variety of residential living opportunities for its clientele who are unable to continue living with their natural family or need supported housing options. HCRS provides supported housing, shared living provider homes, therapeutic community residences, and crisis stabilization for individuals with developmental disabilities or serious mental illness. In addition, our Children's Mental Health Program coordinates out-of-home respite opportunities for families in need.

Individualized residential placements are an important asset in assisting those we serve with life skills development, progress towards self-sufficiency, and connection to community resources. These placements represent an ongoing success story for HCRS.

WORKING WITH OUR COMMUNITIES

HCRS recognizes that collaborations and partnerships are the cornerstone of an effective and comprehensive service delivery system. To best meet the needs of our communities, HCRS collaborates with over 60 community organizations.



Our Staff's Connection with Those we Serve...

is the most important of all. It is not simply about housing, employment, health care, and our core services. It is about the compassion and humanity we share every day in all we do.

We also realize that for our clients to move towards recovery, wellness, and success, we must work with them in making connections to other social services, landlords, employers, friends, and families. These connections can help clients to conquer barriers that get in the way of creating a meaningful life in their community. Another essential connection is between HCRS and partner organizations both locally and at the State level. By creating and building partnerships we can better meet the needs of our clients. We recognize and appreciate that "it takes a village."

Another key connection is between ourselves as staff. Our effectiveness as a team depends on the compassion, understanding, professionalism, and humanity we show one another and only with those qualities can we transform lives.



"For our clients to move towards recovery, wellness, and success, we must work with them in making connections..."

Connecting with Students at Kindle Farm

One of the great joys of being an educator is the privilege to foster educational, academic, and social connections in our students. Here at Kindle Farm, we are centered around this idea of CONNECTING and are built to provide opportunities that foster a healthy ability to develop relationships with the self, the community, and the school.

When Joey first came to Kindle Farm, he had never been able to connect with anyone other than his mom. Because this young boy had experienced significant amounts of loss, whether through experiences with death or comings and goings of significant people in his life, issues of trust and safety had become major obstacles to his education and his happiness. In fact, Joey had come to Kindle Farm from a school that was restraining him upwards of 15 times a day and there was little success to be had. After three years at Kindle Farm, things are going much better for Joey. You see, Joey has built connections. He has, first and foremost, built connections with himself. Joey can recognize when he does not feel good, when he may need a break, and he can even ask for help navigating these difficult topics. Joey has gone from a scared little boy, to a boy that is starting to connect to his inner self. The success clearly does not stop there. He is now connecting to adults, other than his mom, in his life. Joey's mom reports that he is starting to trust the fact that adults will not give up on him when things get tough; this has had many positive consequences. Joey is opening up to emotional relationships and this carries into the community. He feels safe enough to engage with peers and teachers, he feels safe enough to engage in community events at the Boys and Girls Club, and he feels safe enough to take healthy emotional risks.



At Kindle Farm, we stand by our mission to help our students communicate, problem solve, and learn more effectively. It is our motto that,

"Every Kid Deserves a Chance."

Connecting with Families



We sometimes meet parents and kids at the worst time of their lives. A child is in crisis, no longer attending school because of cyber bullying, in a depression so deep she can't get out of bed, anxiety so intense she doesn't want to leave home. A teenager has a best friend who hung himself two years ago. He tells his teacher, "I'm

thinking of killing myself. I tried pills and cutting. I think if I try harder, I'll get it right."

Parents come to our office scared; their child is in the hospital. They have heard from someone in the community that HCRS can help find resources and solutions when other efforts have failed.

HCRS staff mobilize around the unique needs of each family. We meet the parents, get releases signed, and start making calls to involved community providers, all while explaining to a tearful parent the complexities of our mental health system. A week later we have a team meeting to plan the child's reintegration back to family or to a higher level of care. We are all sitting around a wooden table - representatives of HCRS: a clinician, case manager, supervisor, and crisis team staff; a school representative; DCF worker; and of course the family. The parents look stunned; beside them is a slender 16 year old with shoulder-length, dyed jet black hair, scars visible on his wrist.

"There was something different about this meeting... **different good.**"

We all share concerns about safety, identify resources at HCRS and in the community, and express frustration, anger, and hope. Each team member is compassionate, stating reality with clarity and great kindness. Mostly we listen and encourage family and child to identify strengths, goals, natural supports, complicating factors, and a wellness plan to move forward. The teenager identifies drumming lessons and volunteering at the Humane Society as a place to begin and agrees to have a community skills worker visit his home the next week. At the end of the meeting the mother states, "There was something different about this meeting." "Different bad or different good?" I ask. "Different good" she says, "I'm feeling like I am starting to see a way through this."

Connecting Clients with Family and Other Supports

Kim is a 31 year old woman with a developmental disability. Her story of resilience and perseverance goes back many years to a time when she was a young mom trying to live independently and raise a baby. She had surrounded herself with individuals

who were a negative influence. As a vulnerable adult, she was taken advantage of by so-called friends; DCF intervened and she lost custody of her daughter.

The loss of her child was something that haunted her for years. However, it also provided Kim with the motivation to improve her life. HCRS staff worked with her to accept more intense DS supports, which included having a public guardian. HCRS located a Developmental Home for Kim where she could be supported by a caregiver and access services. She worked very hard to build skills, receive necessary therapeutic interventions, and eventually progressed to where she could consider living independently again.

her continue to move forward. She and the baby's father worked closely with DCF in the beginning to ensure they were prepared to provide appropriate care. HCRS staff held a baby shower for her. Their child receives early intervention services through HCRS'

Children's Program.

Kim is currently taking college preparatory classes prior to enrolling in an early childhood education degree program at CCV. She has reunited with family and is able to rely on them as part of her support system. Although she has struggled with stable housing, she is looking forward to settling down to a place she can finally call her own and raise her family.

HCRS' partnerships with many local organizations allowed us to connect Kim with the necessary supports so she could reach her goals. Having a variety of services and a strong desire to improve her life led her to where she is today. She regu-

With HCRS support, she petitioned the courts to become her own guardian and move out on her own. She met a man and learned she would be having another baby. Determined not to make the same mistake twice, she surrounded herself with supports to help larly attends DS Brattleboro community events that are part of HCRS' REACH Program and has made many friends through her services. She has accomplished so many great things in the past two years thanks to all of the services she has received and her own resilience and perseverance. HCRS is honored to dedicate our Springfield Crisis Care Center to a great man who had a tremendous impact on the field of emergency services – Frank Silfies.

Frank started at HCRS in 1978 as a nighttime counselor. It wasn't long afterwards, that the HCRS Emergency Program was formed, and Frank would spend over 35 years in emergency services, eventually becoming the Program Director. Frank had a natural ability to help those in crisis. He was caring, compassionate, and understanding. He had a tremendous ability to listen and to get people to open up about their issues.

In 1992, Frank co-founded the Green Mountain Critical Incident Stress Management coalition. This statewide group of volunteers trains emergency responders to deal with the difficulties they experience as part of their emotionally-challenging work. Frank believed that this group is often the last to admit they need help. His efforts are attributed to keeping many emergency responders on the job.

Frank was also instrumental in the statewide Team Two Steering Committee. He helped design and taught the Team Two curriculum which trains law enforcement officers and mental health crisis clinicians to collaborate and provide appropriate and effective mental health crisis response. Frank's vast experience enriched the learning of not only the participants in the trainings, but fellow faculty members as well. Frank was a big man, with a bigger heart. He was truly committed to collaborative response and embodied that concept through his work at HCRS and across the State.

Frank was a remarkable man – compassionate, generous, humble, and always there to help others. He exemplified the values of HCRS and therefore, we are honored to name the Crisis Care Center in Frank's memory.



FRANK SILFIES (1943 - 2015)



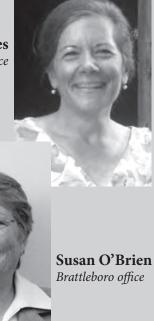
VERMONT DEPARTMENT FOR CHILDREN & FAMILIES

HCRS has enjoyed many effective collaborations with individuals and organizations in our communities. These partnerships evolve recognizing the unique qualities and strengths of each partner. Each year we honor a community partner who exemplifies this type of collaboration. This year, we have selected two recipients for this award.

We have chosen to recognize a group of dedicated, committed and passionately caring partners, collaborators, and friends at the three Department for Children and Families' offices in Brattleboro, Springfield, and Hartford.

Though this has been one of the most difficult years for the staff and managers of these DCF offices, their response to the loss of a fellow colleague and the 35% increase in the number of cases coming into custody over the year has been to forge a stronger bond between our two organizations. With HCRS having 15 staff embedded within the DCF offices in Springfield and Brattleboro, and many challenging outpatient and Intensive Family Based Services cases shared between us, we have developed an even stronger partnership, built on a set of common core principles of empowering families to be safe and healthy, valuing family preservation and re-unification through improving parent coaching and attachment skills, and understanding the effects of developmental trauma on the child and family.

We also felt, maybe more this year than ever before, the eroding impact of secondary trauma on the morale and courage of all the staff who work with intensive-needs families. It is to those staff at DCF that we offer this Community Partnership Award. Your dedication and courage in doing the work you do in partnership with HCRS is a model of the best in what people can do when they come together to help children, youth, and families in their community.



Jo Bania Springfield office





Ben Taggard, Mike Mandracchia, Peter Richards, Barbara Harris, Drew Richards, and Tom Scull

HCRS is honored to recognize The Richards Group as our second Community Partner this year. Over the years, The Richards Group has provided HCRS the expertise needed to navigate the highly regulated and increasingly complex benefits environment to ensure that we continue to offer one of the best benefit packages in Vermont to our employees.

With a reputation for innovation, The Richards Group has been an invaluable partner helping us to strategically respond to the complexity of the Affordable Care Act, evaluate our 403(b) retirement savings plan, and provide effective leadership training to managers. The Richards Group works closely with our HR staff and shares HCRS' belief that our ability to offer a great benefits package is an important part of ensuring the health and financial wellbeing of our employees and their families.

Over the years many of our employees have interacted with the staff of The Richards Group at our wellness fairs, retirement seminars, open enrollments, and even on the golf course. The Richards Group has been a long time sponsor for the HCRS Golf Tournament. Several individuals from The Richards Group have also served on the HCRS Board.

Ben Taggard, a partner at The Richards Group and a former HCRS Board member, was very instrumental in bringing the Kindle Farm School into HCRS. As a member of the Kindle Farm Board, Ben understood that Kindle Farm needed to collaborate with a larger entity in order to survive and flourish. More importantly, Ben saw the potential for significant synergy between Kindle Farm and HCRS. As a result, that partnership was forged and it continues to thrive.

All HCRS employees have benefited from the Agency's long-standing partnership with The Richards Group, and we are proud to recognize The Richards Group as our 2015 Community Partner.

The Encore Award is the top award given as the culmination of our annual employee recognition program titled "Cause for Applause." This is an agency-wide, employee driven program in which any employee can recognize another employee who demonstrates one of HCRS' Guiding Values (Creativity, Integrity, Passion, Quality, Trust, Teamwork, and Wisdom). The Cause for Applause Program was developed in 2008 and has totaled an impressive 5,871 recognitions to date.

On a quarterly basis, a committee of employees reads all Cause for Applause awards sent during the previous three months and selects up to five employees anonymously who they feel went well above and beyond in demonstrating one or more of our Guiding Values. The winning entries receive a Standing Ovation award.

The final and top Awards are the Encore Awards which are presented to up to five employees annually. These award winners are selected anonymously by a committee of employees and the Senior Leadership Team.

Congratulations to these five staff on their selection for a 2015 Encore Award!

Recognizing staff who went Above & Beyond

ENCORE AWARDS

to these five staff on their selection for a 2015 Enc



Terry Boni *Clinician II*



Scott Breedlove IT Network Administrator



Connie-Dee Conant Administrative Assistant



Brenda Stearman Payroll Specialist



Christine Wallace *Team Leader II*







Margie Kennett Case Manager II

It means many things when you see employees with this many years of service. It means more than they just found a job with HCRS. It means they found a career, but more importantly a passion in their work life. A place where they can make a significant difference in the lives of people every single day. We recognize their dedication and appreciate their commitment to the work we do.

> A sincere thank you to these staff whose combined years of service totals 445 years

20 years



Ralph Jacobs Behavioral Interventionist



Wendy Smith Generalist I



Jeannie Spafford Therapeutic Activities Coordinator

15_{YEARS}

Ian Bellville Joyce Dion Kevin Houston John Sullivan Betty Wall Sharon Young

Case Manager II School Based Clinician II Kindle Farm School Para-Professional Case Manager II Medical Records Specialist Community Outreach Specialist

1() YEARS

Alice J. Bradeen

Laura Bryant-Williams YIT Clinician II Lance Cutler Paul Deegan John Doyle Ani Glover Sherry Goings Kathleen Martin David McCabe Deborah McNeil Teresa Morrison Ronald Recchi Jacqueline Spinelli Zachary Teller Sherry White Timothy Wood

Executive Administrator and Communications & Grants Manager Kindle Farm Program Coordinator Residential Specialist II Senior MIS Specialist Service Coordinator Supervisor HR Generalist II **Behavioral Interventionist Residential Specialist Billing Specialist** Behavioral Interventionist Crisis Intervention Specialist **Billing Supervisor** Ianitor Community Outreach Specialist Generalist I

5_{YEARS}

Hilary Aplin Ryan Barry Kelen Beardsley Judy B. Carriere **Joann Dressel** Nicole Godin Colleen Jacobs Winonah Levine Kailen S. Lott **Douglas Manning** Emily Megas-Russell Sarah Pettengill Estelle Reynolds Sandra Sanderson Courtney Seidler Rhonda Spaulding Aimee Tucker Annette Vagt W Knowles Wentworth Adult Area Manager Paula Whitney Ashley Wohlford

Care Coordinator I **Residential Specialist** Senior Employment Specialist Kindle Farm School Teacher Crisis Intervention Specialist Case Manager I Generalist I Case Manager II Kindle Farm School Para-Professional **Residential Specialist** Quality Assurance Manager Community Outreach Specialist Medical Assistant Licensed Practical Nurse Access Coordinator Housing Program Manager Case Manager II Senior HR Assistant Crisis Intervention Specialist Generalist I

445 YEARS OF SERVICE

NUMBER OF INDIVIDUALS SERVED IN FY 2015, BY TOWN

Athens12
Brattleboro 874
Bridgewater17
Cavendish41
Chester 136
Dover
Dummerston
Grafton
Guilford43
Halifax14
Hartford 558
HARTLAND
Jamaica
Londonderry

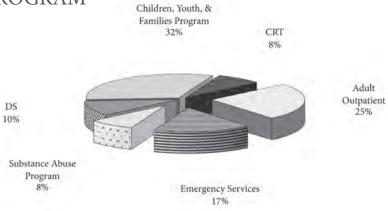
Ludlow
Marlboro14
Newfane40
Norwich
Putney
Reading21
Rockingham 326
Royalton19
Sharon17
Springfield 813
Townshend25
Vernon44
WARDSBORO18
Weathersfield48

Westminster56
Weston14
Whitingham17
WILMINGTON
WINDHAM55
WINDSOR 246
Woodstock45
Other Towns in
Windham & Windsor
Counties
Out of Catchment Area 379
Ψ





Adult Outpatient 1287
Children, Youth, & Families Program 1665
Community Rehabilitation & Treatment Program 424
Developmental Services
Emergency Services
Substance Abuse Program 426





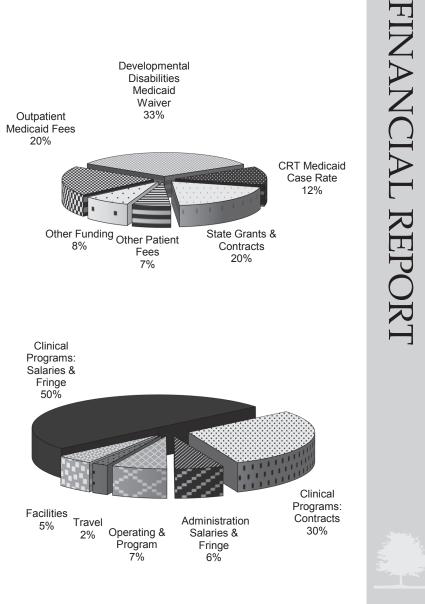
FISCAL YEAR 2016 - ANNUAL BUDGET

REVENUE BY SOURCE

Outpatient Medicaid Fees	\$ 9,516,325
Developmental Disabilities Medicaid Waiver	\$15,510,000
CRT Medicaid Case Rate	\$ 5,900,433
State Grants & Contracts	\$ 9,308,813
Other Patient Fees	\$ 3,243,674
Other Funding	<u>\$ 3,993,332</u>
Total Revenue	\$47,472,577

EXPENSES

Clinical Programs: Salaries & Fringe	\$23,813,335
Clinical Programs: Contracts	\$14,055,760
Administration Salaries & Fringe	\$ 2,964,181
Operating & Program	\$ 3,363,364
Travel	\$ 997,920
Facilities	<u>\$ 2,278,017</u>
Total Expenses	\$47,472,577
Net Surplus (Loss)	\$



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Sponsors

(\$250 - \$499) Paul Boutin, M.D. Brattleboro Memorial Hospital Sarah Carter Claremont Savings Bank Keith Clark Katherine Cook Cota & Cota J. Kimm Dittrich Fidelity Charitable Gift/A Priest Red & Adelaide Johnson Joan R. Lang Oliver & Tita Manice Merchants Bank Miles & Patrice Mushlin Philadelphia Insurance Companies G. Roland Ransom Red House Press Corporation Richard D. Smith, Inc. Sigourney B. Romaine, Jr., in memory of Clevie White Savings Bank of Walpole Warren Sergeant William Shakespeare Dan Sherburne Vassiliki Sinopoulos & Chris Llovd

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(\$100 - \$250) Anonymous The Abbey Group John Ackley Mary Stewart Baird, in memory of Perry Cossart Baird, M.D. Jim Bartley Alice J. Bradeen John & Mary Beth Brand Bill Brown Susan Buhlmann **Richard & Irene Burtis** John Carter John Case Jim Cerone John & Laurie Chester, Jr. Sandra Conant Joseph & Hilda Conn, in honor of Ginny Jenks Jane Pitkin Curtis Mike & Rachel Davidson Edward Esmond & Susan Chiefsky Michael Galbraith Scott Gordon-Macey Gilbert Gradinger Robert & Honoré Hager Lisbeth & Lyle Hall HB Energy Solutions, Inc. Theresa Hoffman The Hotel Pharmacy Bethany Ires Mr. & Mrs. Airell B. Jenks Heather Koledo **Emily Mastaler** Edmund H. Moore, IV John S. Moore Norwich Congregational Church, in memory of Clevie White

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Jarrod James MaryAnn Jasinski Keryn LaVarnway Killington Golf Course King Arthur Flour Lake Monsters Lisai's Market Tammy Maberry Maple Street Catering Mascoma Savings Bank Deborah McNeil Meditrina Wine & Cheese Messenger Valley Pharmacy Montague Golf Club Crystal Morey Mount Snow Golf Club Donna Nestle Newfane Cafe & Creamery Newfane Greenhouse NH Fisher Cats North End Butchers Nortrax Okemo Mountain Resort Otter Box Peebles Peter Haven's Restaurant The Quechee Club **Roland Ransom** Red Box The Richards Group River Bend Farm Market

Ron's Husqvarna Tina Rushton Salon 2000 Sam's Army & Navy Sandri Oil Shaw's Sheddsville Sugar Makers Nicole Sherburne Side Hill Farm Six Flags of New England Maureen Sky Smuggler's Notch Southern VT Therapeutic **Riding Center** Staples Brenda Stearman Stone Hearth Inn Stratton Mountain Townshend Dam Diner **Julianne Vance** Vermont Teddy Bear Company Von Bargen's Jewelry **VSP** Vision Insurance Company W.S. Badger Company, Inc. Wal-Mart Willow Farm Pet Center Woodstock Inn Zephyr

Our sincere apologies to any of our kind donors inadvertently omitted or incorrectly listed.



HCRS Board of Directors

From left: Diana Slade Travis Weaver Sharon Ayer Harold Johnson, President Sarah Carter, Vice President James Paradis Keith Clark Greg Kennedy, Treasurer Not pictured:

Carlotta Gladding, Secretary Nancy Birge Irene Burtis John Case Michael Davidson



Senior Leadership Team

From left: Warren Sergeant, MIS Program Director Paul Boutin, M.D., Medical Director Bill Metcalfe, Director of Developmental Services Katherine Cook, Adult Mental Health & Addiction Services Director Emily Mastaler, Chief Operating Officer George Karabakakis, Ph.D., Chief Executive Officer Edmund H. Moore, IV, Chief Financial Officer Will Shakespeare, Children, Youth, and Families Program Director G. Roland Ransom, Chief Human Resources Officer





HCRS Headquarters 390 River Street Springfield, VT 05156 (802) 886-4500



Hartford Regional Office 49 School Street Hartford, VT 05047 (802) 295-3031



Brattleboro Regional Office 51 Fairview Street Brattleboro, VT 05301 (802) 254-6028

OTHER HCRS OFFICES

Brattleboro DS office 29 Elm Street Brattleboro, VT 05301 (802) 257-5537

Bellows Falls Outpatient and DS Office

One Hospital Court, Suite 2 Bellows Falls, VT 05101 (802) 463-3947

Windsor DS Office 14 River Street, P.O. Box 45 Windsor, VT 05089 (802) 674-2539

HCRS GROUP HOMES

Alternatives 10 Lincoln Street Springfield, VT 05156 (802) 885-7280

Beekman House P.O. Box 106 Proctorsville, VT 05153 (802) 228-5434

Woodstock Care Home 476 Woodstock Road Woodstock, VT 05091 (802) 457-1845

CRISIS CARE CENTERS

386 River Street Springfield, VT 05156 (800) 622-4235

208 Linden Street Brattleboro, VT 05301 (800) 622-4235

ALTERNATIVE SCHOOL

Kindle Farm School P.O. Box 393 Newfane, VT 05345 (802) 365-7909

Affiliated Programs

Hilltop Recovery Residence

94 Westminster Terrace Westminster, VT 05101 (802) 732-8343

Meadowview Recovery Residence 330 Linden Street Brattleboro, VT 05301

(802) 275-4971

HEALTH CARE AND REHABILITATION SERVICES OF SOUTHEASTERN VERMONT

390 River Street • Springfield, VT 05156 (802) 886-4500 • www.hcrs.org

